Catholic Charities office locations:

Ames
St. Thomas Aquinas Parish
2210 Lincoln Way
Ames, IA 50014
515.296.2460

Cedar Rapids
Sr. Mary Lawrence Center
420 Sixth Street SE, Ste. 220
Cedar Rapids, IA 52401
319.364.7121

Decorah
St. Benedict Parish
307 W. Main Street
Decorah, IA 52101
563.382.9631

Dubuque
Archdiocesan Pastoral Center
1229 Mt. Loretta Avenue
Dubuque, IA  52003
800.772.2758

Mason City
The Brick & Tile Building
103 E. State Street, Ste. 304
Mason City, IA  50401
641.424.9683

Waterloo
Kimball Ridge Center
2101 Kimball Avenue, Ste. 138
Waterloo, IA  50702
319.272.2080

Housing Offices
Ecumenical Tower
250 W. Sixth Street
Dubuque, IA  52001
563.556.8476

Kennedy Park West
2671 Owen Court
Dubuque, IA  52002
563.556.5125
- properties in Dubuque & Waterloo

Proud to be a member agency of the United Way of Dubuque Area Tri-States

Other Catholic Charities services include...

- Mental Health Counseling  
- Crisis Pregnancy Counseling  
- Post Abortion Counseling  
- Pathway Partners  
- Post Adoption Search  
- Affordable Housing  
- Jail & Prison Ministry  
- Refugee Resettlement  
- Immigration Legal Services  
- Disaster Services

CatholicCharitiesDubuque.org
Inspired by the belief that marriage and families are at the core of our social structure …

Catholic Charities provides professional counseling for marriages, families and individuals experiencing various social, emotional and interpersonal struggles.

COUNSELING SERVICES

Catholic Charities Counseling is available to everyone, regardless of faith, background or ability to pay for service. Services include:

- Mental Health Counseling
- Crisis Pregnancy Counseling
- Post-Abortion Counseling and Reconciliation
- School-based counseling

HOW WE CAN HELP

Often, major problems can be avoided through early intervention, and finding new ways to deal with daily struggles. Counseling provides individuals, couples, and families the ability to work out their problems before they become a crisis, helping to maintain emotional health and strengthen relationships. Are you experiencing:

- Anxiety
- Grief, or loss
- Trauma from a past experience
- Depression
- Difficulty in your marriage, or other relationships
- Loneliness
- Stress with parenting, or step-parenting
- Confusion with an unplanned pregnancy
- Issues surrounding a past abortion
- Trouble dealing with a family member’s addiction
- Emotional and Behavioral issues with children

CONFIDENTIAL

All information, including your name is entirely confidential. Without your written consent, no one will be told that you are receiving services from our agency.

PROFESSIONAL CARE

Catholic Charities’ counselors are masters-level graduates of accredited colleges and universities, professionally trained in counseling and licensed through the state of Iowa. Their skills are designed to help bring order, understanding and caring into peoples lives.

HOW do I start?

Call us today 800.772.2758 to speak with a counselor or set up an appointment.

Office hours are 8:30-4:30 Monday - Friday. Evening appointments available.

COST FOR SERVICE

Catholic Charities accepts most insurance to cover fees for service. For those without insurance, fees are based on a generous sliding fee scale. No one is turned away for their inability to pay.

Stay in touch...

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